NEPAL MEDICAL ASSOCIATION

Kiran Prasad SHRESTHA*1

Overview

Nepal Medical Association (NMA) is the largest and oldest professional organization of medical doctors in Nepal, which was established on 4th March, 1951. The goals of NMA are coordination, efficiency improvements and even pleading about needs and deeds of all our medical doctors. The association has been regularly publishing an indexed medical journal and organizing scientific sessions of interactions, workshops, seminars and conferences as well, to make the medical professionals fully up-to-date with the advances of medical sciences. This is because present Interim Constitution of Nepal has enshrined basic health care as the fundamental right of the people and has paved the way to go ahead.

Affiliation of NMA

- 1. World Medical Association
- 2. Indian Medical Association
- 3. The Confederation of Medical Associations in Asia and Oceania

Umbrella Organization

The following 25 speciality Societies affiliated under the Nepal Medical Association Constitution such as Society of Surgeons of Nepal, Society of Internal Medicine of Nepal, and so on.

Branches of NMA

There are 14 Zonal branches spread all over the Nepal.

Membership

Total life members of Nepal Medical Association are 4,140 till the date.

Activities

NMA specially focused on the following categories like as:

• Professional Activities

- To maintain Code of Conduct to protect the medical profession smoothly.
- To facilitate the government for health policies formulations.
- To protect the justifiable human rights, medical ethics, and advocacy.
- To encourage its members to maintain highest professional standard.

Academic Activities

- NMA published a peer reviewed medical Journal since 1963, which has been indexed in PubMed/MedLine since 2005.
- National Consultative Meeting on Undergraduate Vs Postgraduate's Seats: Rationale, Challenges and Future Prospective in Nepal Date: June 28, 2009
- Review of Kidney Transplantation Challenges, Recent Trends and Future Perspectives in Nepal Dates: September 21, 2009
- Malaria Diagnosis & Treatment Guideline of Nepal, November 1–3, 2010
- Various CME programme has also conducted in different schedule.

• Institutional Activities

- NMA has actively participated and been chair of the Professionals' Alliance for Peace and Democracy in the country
- NMA has small guest house with the bed number of 12. It is only the use of NMA Life Member who is coming out of valley.
- NMA has some scholarship program for Under Graduate and Post Graduate Medical students.
- NMA has some provision to provide scholarship for Life Members (Who is passed away)

This article is based on a presentation made as the Report of Activities by each NMA at the 27th CMAAO General Assembly, Taipei, Taiwan, R.O.C., on November 11, 2011.

^{*1} President, Nepal Medical Association, Kathmandu, Nepal (info@nma.org.np).

- NMA has plan to construct a commercial building.

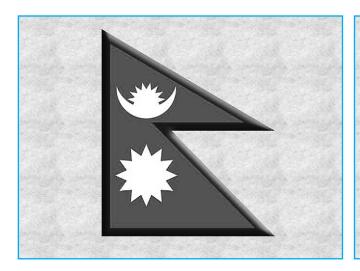
Proposed academic activities

- Submission of a proposal on "Journal of Nepal Medical Association Digitalization".
- A Proposal of Capacity Building for Nepal Medical Association members
- A Proposal of Training for Medical Journal Editors, Author and Peer Reviewer
- A proposal of one-day workshop for implementing the Health Professional Protection Act in the Medical Institution.
- A proposal to conduct the one Day Medical Conference entitled "The Importance of District Coverage and Primary Health Care Services"
- A Proposal of a Medical Wastes Management Workshop
- CME programme will also conduct different schedule.

Nepal Medical Association's Activities

Dr. Kiran Prasad Shrestha.
President
Nepal Medical Association
Siddhi Sadan, Kathmandu





Nepal at a Glance

 Nepal is a landlocked country with India in the southern, eastern, western sides and China in northern sides. Nepal has a great variation in languages, religions, ethnic groups, culture and traditions with a strong unity among these variations. As you know this is Country where Gautam Buddha was born in Lumbini and the Country where we can find Mt. Everest and beautiful range of Himalayas covering northen boarder.

General Information of Nepal Medical Association:

- It is the oldest professional organization in Nepal.
 It was established on 1951. The association was started only by 20 doctors.
- Life Member of Nepal Medical Association is 4130 till the date .
- There are 25 speciality Societies affiliated with Nepal Medical Association Constitution such as
 - Society of Surgeons of Nepal
 - Society of Internal Medicine of Nepal and so on.

Objectives of the NMA

- The association shall be committed for the unrestrained enjoyment and protection of democracy and human rights derived for the historical democratic movement.
- The association shall be committed to protect the justifiable rights, interest and respect of profession.
- The association shall provide necessary support to the extent possible and encourage various training related to medical field conducted by the association as required by the nation.
- The association shall encourage to provide medical services. The association shall activate to provide service to the nation by enhancing the competence of medical professional.

Objectives.....

- The association shall encourage it members to maintain professional standard, ethics and independence.
- The association shall maintain affiliation with national and international medical association as per necessity.

Activities:

- Journal of Nepal Medical Association is an official publication of NMA since 1963 and indexed in PubMed/MedLine since 2005.
 JNMA has met the international standard and uplifting academic medicine in Nepal.
- The association has been regularly organizing workshops, seminars and conferences to make the medical professionals fully up-todate with the advances of medical sciences.

Activities.....

- -We have small guest house with the bed number of 12. It is only the use of NMA Life Member who is coming out of valley.
- We have some scholarship program for Under Graduate and Post Graduate Medical students.
- -We have some provision to provide scholarship for Life Members (Who is passed away) children.

Proposed academic activities of NMA

- Submission of a proposal on "Journal of Nepal Medical Association Digitalization.
- A Proposal of Capacity Building for Nepal Medical Association members
- A Proposal of Training for Medical Journal Editors, Author and Peer Reviewer
- A proposal of one-day workshop for implements the Health Professional Protection Act in the Medical Institution.
- A proposal to conduct the one Day Medical Conference entitled "The Importance of District Coverage and Primary Health Care Services"
- A Proposal of a Medical Wastes Management Workshop