



## MYANMAR MEDICAL ASSOCIATION\*<sup>1</sup>

Aye AUNG<sup>1</sup>

Myanmar Medical Association (MMA) was founded in 1949 as Medical professional association with registered medical doctors. Membership of 18,000 with both government service and general practitioners together with 33 specialty societies and 12 social supporting groups. There are 90 branch offices in states, regions and townships over the country. MMA is the only professional organization of qualified medical doctors in the Republic of the Union of Myanmar.

2014 central executive committee is led by Dr. Rai Mra as President, Dr. Aye Aung and Dr. Myint Thaung as Vice Presidents and Dr. Saw Win as Secretary General.

Myanmar Medical Association is also the member of

- (1) MASEAN in October 1997
- (2) CMAAO in November 2009
- (3) WMA in October 2012.

### Main Objectives

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- To promote and advance the Science of Medicine
- To encourage continuing medical education and medical research among the medical professionals
- To support the promotion of health along with the national health care programs and plans
- To promote cooperation and foster a fraternal spirit among its members
- To safeguard the honor and dignity of the medical profession
- To maintain a high ethical standard among the medical profession

### Main Activities of MMA

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- Education and Training towards the CME accreditation
- Clinical and Public Health Research with ethi-

- cal and professional needs and standard
- Community Healthcare including public health projects, health promotion including reproductive health
- Collaboration and coordination with allied medical associations and societies in and outside the region
- Partnership approach with allied medical societies, INGOs, NGOs inside the country
- Encourage and support total capacity building of the association at all level with professional aspiration

### Conferences 2012-2013

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- 60th Annual Conference was held in Yangon in January 2014
- 8th Pathologists' Conference was held in Yangon during January 2014
- First Endoscopic Surgical Conference was held in Yangon during February 2014
- 3rd GI & Liver International Scientific Meeting was held in Yangon during March 2014
- 5th Conference on Myanmar Society of Endocrinology & Metabolism was held in Yangon during in March 2014
- 24th Eye Surgeons' Conference was held in Yangon during November 2013
- 15th General Practitioners' Scientific Conference was held in Yangon during November 2013
- Myanmar-Thai Scientific Meeting and 10th Rehabilitation Medicine Conference was held in Yangon during October 2013
- 19th Medical Specialties Conference was held in Yangon during October 2013
- 11th Radiology Conference was held in Yangon during November 2013
- 10th Obstetrical and Gynecological Congress, Yangon, February 2013

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\*<sup>1</sup> This article is base on a presentation made as the Report of Activities by each NMA at the 29th CMAAO General Assembly and 50th Council Meeting, Manila, the Philippines, on September 24-26, 2014.

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## Academic Projects and Public Health Related Projects

Academic Projects and 18 Public Health related Projects funded by various International Donor Agencies including MMA itself, covering 80 townships in the fields of Reproductive Health, Youth, Malaria, TB, Statics & Mobile Health Care Services, etc.

## Continuing Medical Education Program for GPs

- Certificate in Family Medicine four courses: (1) Public health, Family Medicine and research course; (2) Diagnostic procedures in Medicine, Surgery, Obstetrics and Gynaecology; (3) emergency medicine; and (4) common clinical problems.
- Distance learning medical education (CME unit MMA)
- Participation in Diploma in Family Medicine course conducted by Department of Medical Sciences

Numbers of Candidates who successfully completed above four courses and in two year and received Completion Certificate in Family Medicine were 526 doctors. Total number of candidates attended was 5,266 and 3,798 candidates have completed the distance Learning medical education program.

## Special Training

- Primary Trauma Care Myanmar PTC Myanmar carried out 7 Instructor courses and 2 Supervisor forums and produced 1,000 candidates as PTC Providers, 120 local Instructors and 20 local Supervisors.

## Public Health Programs and Projects Conducting with Collaboration with Ministry of Health and INGOs

### Sexual and Reproductive Health (SRH) Project for GP (with UNFPA)

- a) District level minimal intervention service package (MISP) for RH training—18 townships (GPs, MMCWA, MRCS, MAAF, Information and Communication, Social welfare, Police and General Administrative Department)

- b) Providing mobile RH services in poor and underserved areas (20 sites—9 townships in Yangon Region and 2 township in Raphine State)
- c) Clients referral support for Emergency Obstetrics care
- d) Client referral support for obstetrics fistulas
- e) RH refresher courses for the GPs, Pharmacies and AMW
- f) Comprehensive Reproductive Health Services for Underserved Communities (with UNFPA)

### Youth Development Program

- a) Adolescent RH Project
- b) HIV/AIDS Prevention and Education Project
- c) Youth Leadership Project

Health education produces two reproductive health education TV series (endless journey and guiding star) in March 2014 will be on public TV program.

### MMA-IUD Project (with PSI) in Yangon, Mandalay, Bago and Ayarwaddy Regions

- To reduce Maternal Mortality Rate and Infant Mortality Rate
- To reduce Abortion Rate and Unwanted Pregnancy
- To promote role of IUD in family planning

### Provision of Life Saving RH Care (with UNFPA) in Sittwe and Myebon Townships (with Relief International)

Static and Mobile Health Care team to cover Reproductive Health

### Malaria Programs

- a) Quality Diagnosis and Standard Treatment of Malaria Project (QDSTM) (with GF)
- b) Myanmar Artemisinin Resistance Containment (MARC) Project (with 3D Fund)
- c) MMA-CAP-Malaria (with USAID)

#### Goals

- To reduce malaria morbidity and mortality in the project townships by improving early access to quality diagnosis and standard treatment of malaria
- To contribute to the Millennium Development Goals of reducing by 50% of malaria morbidity and mortality in 2015

#### Objectives

- To ensure that malaria cases received quality assured diagnosis and standard treatment in

accordance with national malaria treatment guidelines. (This is linked to objective 2 of the national operational plan on malaria prevention and control.)

**Total 453 QGPs in all state and regions, 123 townships and 14 Fixed and Mobile Clinics**

### TB Programs

#### a) MMA-PPM-DOTS Project (with GF)

**Vision:** Every TB patient seeking treatment from private health provider in Myanmar gets international standards of TB care at free of charge

**Mission:** To assist the efforts of National Tuberculosis Control Programme in achieving its goal to bring down the burden of Tuberculosis in Myanmar

**Area coverage:** 122 townships, (5 States & 7 Regions), 34 townships through Scheme III

**GPs:** (1,300) PPM implementing GPs

#### b) MMA-Cap-TB Project (with Fhi.360—USAID)

The USAID-funded CAP-TB Project provides technical assistance and support to the Myanmar National Tuberculosis Program (NTP)

To reduce the incidence of and mortality-related to multidrug resistant tuberculosis (MDR-TB) in Myanmar.

**c) MMA-ACF TB Project (3 MDG) 3 years project** for Urban poor, Hard to reach (Rural) area and Industrial zone (16 townships in 5 States and Regions)

**motto: Find missing TB cases as much as We Can**

#### Objectives

- To empower community health volunteers in TB prevention and care activities for reduction of TB disease burden in community.
- To increase early case detection and prompt treatment of hidden TB cases in urban poor areas, rural areas and industrial zones

- To increase the community awareness of TB

### Mobile Medical Services in Remote Areas (with Nippon Foundation)

Agreement for 1st year August 2012, 2nd year from October 2013. Targeted care for 30,000 patients in year 1 but achieved 53,101 cases, and the year 2 targeting 40,000 patients.

- Rural area difficult to cover and easily reached
- Socio-economic Status
- Vacancy of Government Basic Health Staff
- Close to Border area

### Disasters Relief and Care

MMA had experience with Natural disasters like, Cyclone Nargis and Giri.

Men made disasters with Rakhine state experience. Support the health care services with emergency mobile specialists and clinics with DOH.

### Disease Surveillance

DOH provided guideline for the reporting and management of disease outbreak.

MMA prepare to collaborate with the guideline at various levels of health care.

### Social Activities

- Special group for elderly doctors (SGED) to look after the elderly and pensioned doctors for their welfare, health care services and day care services.
- Religious groups for meditation and religious ceremonies.

Myanmar Medical Association will continue our aims and objectives, mainly on the continuing medical education, personal development programs and social welfare of the fellow medical professional.





- ### Main Activities of MMA
1. Education and Training towards the **CME** accreditation
  2. **Clinical and Public Health Research** with ethical and professional needs and standard
  3. **Community Healthcare** including public health projects, health promotion including reproductive health
  4. Partnership approach with international **NMAs** **NGOs** and **INGOs**

### CME

Completion Certificate in Family Medicine - 526 doctors  
3,798 doctors completed the distance Learning Medical Education



### Trainings & Workshop

Training

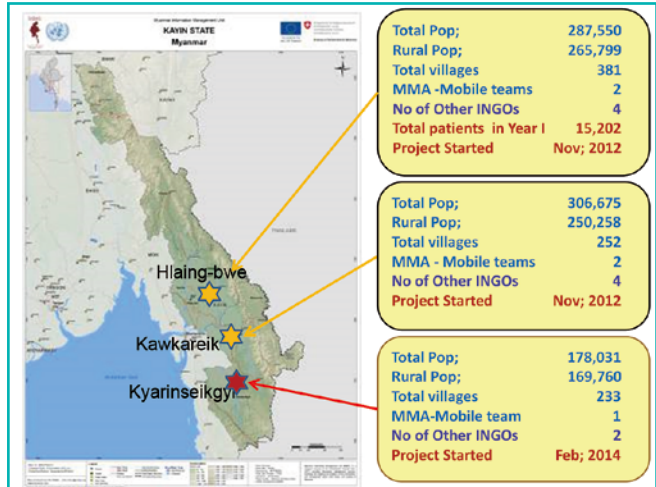
Workshop



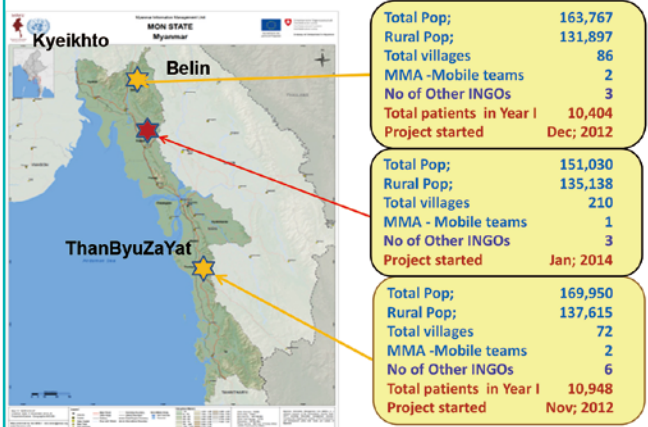


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### MMA Mobile Medical services for the outreach areas



### Village based mobile clinic



**Hand Washing and Tooth Brushing Campaign**

Targeted care for 30,000 patients in year 1 but achieved 53,101 cases, and the year 2 targeting 40,000 patients.



**Chlorination of well (Kyaik-Hto)**

**Out-reach Cataract Campaign  
Dental care**



MMA in Action


**MMA in Action**  
**Emergency Disaster  
Medicine Supply to Hlaing-bwe**




**Special Disease projects**  
Myanmar Medical Association



**Quality Diagnosis and  
Standard Treatment of  
Malaria  
(QDSTM) Project**

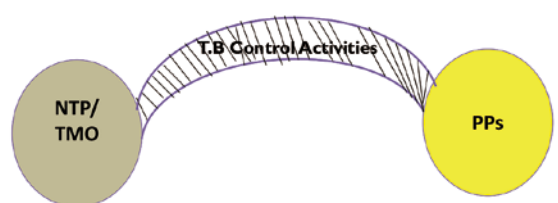


**-107 Townships &  
-16 Fixed/ Mobile  
clinics  
- in 14 States and  
Regions**

QDSTM UNOPS

**TB - Role of MMA in PPM DOTS**

**AIM :**  
To engage all Private Practitioners in TB Care and Control.



**MMA – A BRIDGE**

**Minimally Intervention Service Package**



District level MISIP training – 18 townships (GPs, MMCWA, MRCS, MWAF, Information and Communication, Social welfare, Police and General Administrative Department)





Sexual and Reproductive Health Project Activities (2014)  
Providing mobile RH underserved areas (20 sites - 9 townships in services in poor and Yangon Region and 2 townships in Rakhine State)

### MISP

(minimal intervention service package)



MMA in Action

### Youth Training Programme



### Emergency Ambulance Service Foundation

(1/2014)



### ACTIVITIES OF SUPPORT GROUP FOR ELDERLY DOCTORS



Day Care, Recreation and Physiotherapy

